

## CPD Online take-home notes

**Adolescent forensic psychiatry**

by Dr Heidi Hales and Dr Alexandra Lewis

This module has described why a specific adolescent forensic service separate from CAMHS or Forensic Mental Health Services is useful – Adolescent Forensic Mental Health services provide a developmentally informed service with expertise across forensic behaviours and agencies.

There are now six NHS medium secure adolescent forensic units and several independent sector providers, providing medium secure services for mentally disordered young offenders who are detained under the Mental Health Act, 1983.

Community Adolescent Forensic Teams are scattered throughout Scotland, England and Wales but the only statutory responsibility for CAMHS provision is one CAMHS worker in each Youth Offending Teams (YOTs).

A thorough adolescent forensic assessment includes a structured clinical risk assessment tool, such as the SAVRY.

Treatment in a medium secure unit focuses on all areas of the young person's functioning, aiming to enhance strengths and reduce risks.

**Reflection questions**

(1.4) Think about why a young person, who has committed an offence and may have mental health difficulties:

- a) needs a forensic mental health service specifically for adolescents
- b) needs an adolescent service with a knowledge of forensic psychiatry and the criminal justice system.

(3.10) What do you think are the key points to make in a referral to an adolescent forensic team?

(4.2) What types of risk are there to patients? What different methods are there of assessing risk? Do you know of any standardised risk assessment tools that can be used in young people?

(5.7) Which clinical psychiatric disorders do you think are seen in the young people presenting to adolescent forensic teams? Which treatments do you think have been shown to be effective in treating them?

(5.12) What specific behaviour profiles (both psychiatric and offence related) do you think are seen in the young people presenting to adolescent forensic teams? What treatments do you think are have been shown to be effective in treating them?

(5.20) What other types of intervention or help are important for young people to re-establish themselves in society?

**Contact details – National adolescent medium secure units in England**

**Ardenleigh Forensic Child and Adolescent Mental Health Service, Birmingham**

Ardenleigh FC&AMHS  
Birmingham and Solihull Mental Health NHS Trust  
Unit 1, B1  
50 Summer Hill Road  
Birmingham  
B1 3RB  
Tel: 0121 678 2000 (trust switchboard)  
20 beds

**Bill Yule Unit, South London**

Bill Yule Unit  
South London and Maudsley NHS Trust  
Bethlem Royal Hospital  
Monks Orchard Road  
Beckenham  
Kent  
BR3 3BX  
Tel: 020 3228 4652  
10 beds

**Bluebird House, Hampshire**

Bluebird House  
Tatchbury Mount  
Calmore  
Southampton  
Hampshire  
SO40 2RZ  
Tel: 023 8087 4300 (Trust switchboard)  
20 beds

**Gardener Unit, Manchester**

Gardener Unit  
Bolton, Salford and Trafford Mental Health Trust  
Bury New Road  
Prestwich  
Manchester  
M25 3BL  
Tel: 0161 772 3425/6  
10 beds

**Roycroft Unit, Newcastle**

Roycroft Unit  
Newcastle, North Tyneside & Northumberland Mental Health Trust  
1<sup>st</sup> Floor  
St Nicholas House  
St Nicholas Hospital  
Jubilee Road  
Newcastle  
NE3 3XT  
Tel: 0191 223 2226  
Lead for Service, Consultant Psychiatrist: Dr Parag Shah  
Senior Manager: Nessa Shell  
18 beds

**Wells Unit, West London**

Wells Unit  
South West House  
West London Mental Health Trust  
Uxbridge Road  
UB1 3EU  
Tel: 020 8483 8224 / 2070  
Fax: 020 8483 2246  
[sukhwinder.dhillon@wlmht.nhs.uk](mailto:sukhwinder.dhillon@wlmht.nhs.uk)  
10 beds

There are no specialist units in Scotland, Northern Ireland or the Republic of Ireland.

**Contact details – Community Adolescent Forensic Teams**

**Bristol, Community Adolescent Forensic Team – assessment and intervention locally**

Bristol United NHS Trust  
Marlborough Street  
Bristol BS13NU  
Tel: 0117 928 5466

**Glasgow Forensic Child and Adolescent Mental Health Service – assessment and intervention locally, advice for CAMHS in Scotland**

136 Stanley Street  
Kinning Park  
Glasgow  
G41 1JH  
Tel: 0141 276 3835  
Lead clinician: Dr John Marshall (Consultant Psychologist)

**Lewisham ARTService (CAMHS) – assessment and intervention locally**

23 Mercia Grove  
London SE13 6BJ  
Tel: 0208 314 9742  
Fax: 0208 314 3462  
Consultant: Dr Phil Collins

**Manchester FACTS team – assessments & interventions nationally**

FACTS team  
Bolton, Salford and Trafford Mental Health Trust  
Bury New Road  
Prestwich  
Manchester  
M25 3BL  
Tel: 0161 772 3601

**Newcastle Adolescent Forensic Services – assessment and intervention for Northern England**

St Nicholas Hospital  
Gosforth  
Newcastle upon Tyne  
NE3 3XT  
Tel: 0191 213 0151

**North Wales Forensic Adolescent Consultation and Treatment Service**

FACTS Team  
Hafod Newydd  
Glanrhyd Hospital  
Tondur Road  
Bridgend  
CF31 4LN  
Tel: 01656 674954  
Consultant: Dr Julie Withecomb  
Clinical Nurse Specialist: Tracey-Lee Davies  
Administrator: Claire Cotterell ([Claire.Cotterell@wales.nhs.uk](mailto:Claire.Cotterell@wales.nhs.uk))

**Sheffield Forensic CAMHS Service – assessment and intervention locally**

Sheffield Children's NHS Trust  
7 St Peter's Close  
Sheffield  
South Yorkshire  
S1 2EJ  
Tel: 0114 2260660 (Dr Vaidya)  
[Girish.vaidya@sch.nhs.uk](mailto:Girish.vaidya@sch.nhs.uk) (lead psychologist) [James.lang@sch.nhs.uk](mailto:James.lang@sch.nhs.uk) (consultant)

**Stockton on Tees Adolescent Forensic Service – assessment and intervention locally**

Adolescent Forensic Out-patient Service  
Lancaster House  
Falcon Court  
Westland Way  
Preston Farm Industrial Estate  
Stockton-on-Tees  
TS18 3TS  
Tel: 01642 853555  
Fax: 01642 853556  
Consultant: Dr Surya Bhate

**Oxfordshire Child and Adolescent Forensic Mental Health Service – assessment and intervention local counties**

The Warneford Hospital  
Warneford Lane  
Headington  
Oxford  
OX3 7JX  
Tel: 01865 226309  
Consultant: Dr Nick Hindley

**South London and Maudley NHS Trust – assessment nationally**

Forensic Service for Young People  
 Michael Rutter Centre for Children and Adolescents  
 Maudsley Hospital  
 Denmark Hill  
 London SE5 8AZ  
 Tel: 020 3228 3841  
 Fax: 020 3228 5011  
 Consultant: Dr Peter Misch

**West London Mental Health Trust – assessment across London and South East England**

Adolescent Forensic Community Service  
 South West House  
 West London Mental Health Trust  
 Uxbridge Road  
 UB1 3EU  
 Tel: 020 8483 8224 / 2070  
 Fax: 020 8483 2246  
 Consultants: Dr Alexandra Lewis, Dr Claire Dimond, Dr Sharon Davies  
[Sukhwinder.dhillon@wlmht.nhs.uk](mailto:Sukhwinder.dhillon@wlmht.nhs.uk)

There are currently no specialist community services in the Republic of Ireland or Northern Ireland. Those in Northern Ireland usually request an assessment from the FACTS team in Manchester

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Youth Justice Board [[website](#)]

### Further reading

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ERASOR: [www.forensicare.org/images/ERASOR2.0.pdf](http://www.forensicare.org/images/ERASOR2.0.pdf)

PCL-YV: [www.hare.org/scales/pclyv.html](http://www.hare.org/scales/pclyv.html)

AIM Project: [www.aimproject.org.uk](http://www.aimproject.org.uk)